

30 Life Cheat Codes I Wish I Knew Earlier

LIVES ♥♥♥
CODES 30
LEVELS 05

↑ ↑ ↓ ↓ ← → ← → B A START

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LEVEL 1 DECISIONS



- 01 Decide using an ordinary Tuesday, not a fantasy Saturday.
- 02 For reversible decisions, decide fast.
- 03 Ask, "What would change my mind?"
- 04 Before deciding what to do, ask what happens if you do nothing.
- 05 Make lots of small bets.
- 06 Judge decisions by how you made them, not only by how they turned out.

LEVEL 2 PEOPLE



- 07 Before solving someone's problem, ask what they want: advice, help, or company.
- 08 Assume incompetence before malice.
- 09 Notice who asks you questions.
- 10 Don't keep score in relationships you want to keep.
- 11 Build an infrastructure for friendship.
- 12 Eliminate toxic people (yes, even relatives).

LEVEL 3 PRODUCTIVITY



- 13 Define "done" before you begin.
- 14 Make the first step embarrassingly small.
- 15 Let it be easy (use the rotisserie chicken).
- 16 Prepare tomorrow's first move tonight.
- 17 Keep a "waiting for" list.
- 18 Treat constant busyness as a warning, not a status symbol.

LEVEL 4 WORK



- 19 Send the recap email.
- 20 Make your boss's life easier.
- 21 Ask for the deadline, then ask for the real deadline.
- 22 Lead with a request and bring a recommendation.
- 23 Get good at something valuable that everybody else avoids.
- 24 Don't be the boss you had. Be the boss you should have had.

LEVEL 5 LIFE



- 25 Design your environment around your behavior.
- 26 Spend money eliminating recurring misery before buying occasional pleasure.
- 27 Create traditions on purpose.
- 28 Stop trying to be normal.
- 29 Compete with yourself, not with somebody else.
- 30 Avoid unnecessary suffering. Accept necessary suffering.

BONUS LEVEL ■ YOUR MOVE

Cheat codes only work if you enter them. **Don't try all 30. Pick two** and use both this week.

☐ Removes a hassle from my life

CODE #

☐ The one I've been resisting

CODE #

"Life has cheat codes too. It's just that nobody ever hands you the list." — Daniel Pink

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